



slices
Menu
Term 2

Academic Year
2023/24

Café Menu

Turkey Cheese Croissant(90g)	16.00	Espresso	7.00
Egg Bacon Sandwich	13.00	Double Espresso	9.00
Wholewheat Cheese Bagel	16.00	Macchiato	8.00
New Yorker Sandwich	16.00	Double Espresso Macchiato	9.00
Periperi Chicken Wrap	15.00	12oz Americano	11.50
Vegan Gluten Free Sandwich	18.00	16oz Americano	13.50
Veg Bean Wrap	10.00	12oz Latte	13.50
Mozzarella Feta Flatbread	20.00	16oz Latte	15.50
Cheese Ploughman's Baguette	18.00	12oz Cappuccino	15.50
Egg Mayo Sandwich	12.00	16oz Cappuccino	17.50
		12oz Flat White	15.50
Pulled Chicken Salad	17.00	16oz Flat White	17.50
Beetroot Beef Bacon Salad	14.00	12oz Mocha	16.00
Pesto Pasta Salad	20.00	16oz Mocha	18.00
		12oz Spanish Latte	17.00
Coconut Bircher	12.00	16oz Spanish Latte	19.00
Greek Yoghurt Pot	12.00	12oz Hot Chocolate	16.00
Pineapple 10oz	7.00	16oz Hot Chocolate	18.00
Mixed Fruit 16oz	10.00	TWINNINGS Tea 12oz	9.00
Watermelon 16oz	10.00	TWINNINGS Tea 16oz	9.00
		Premium Herbal Tea 12oz	12.00
		Premium Herbal Tea 12oz	12.00
Apple Juice (330 ML)	11.00	Extra Shot	4.00
Orange Juice (330 ML)	11.00	Syrup	4.00
Watermelon Juice (330 ML)	11.00		
Canned Water	4.00	Mushroom Soup With Bread Roll	11.00
Sparkling water 500ml	6.00	Tomato Soup/ Bread roll	11.00

Café Menu - Pastries

CROISSANT BUTTER PLAIN	7.00
CROISSANT PAIN AU CHOCOLATE	9.00
MUFFIN BLUEBERRY	11.00
MUFFIN CHOCOLATE	11.00
MUFFIN VANILLA	11.00
BANANA LOAF SLICE CAKE	7.00
COOKIE BAKED DOUBLE CHOCO CHUNK	11.00
COOKIE BAKED MILK CHOCO. CHUNK	11.00
COOKIE BAKED OATMEAL & RAISIN	11.00
BROWNIE	11.00
ROCKY ROAD	14.00
HAND COOKED POTATO CHIPS SEA SALT	10.00
HAND COOKED POTATO CHIPS HOT CHILI PEPPER	10.00
HAND COOKED POTATO CHIPS SEA SALT & SIDE VINEGAR	10.00
DELICIOUSLY CRINGKLED POTATO RIDGES HIMALAYAN PINK SALT	7.00
DELICIOUSLY CRINGKLED POTATO JALAPENO	7.00
DELICIOUSLY CRINGKLED POTATO RIDGES SWEET CHILI	7.00

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School Food Experts

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Canteen Menu

Turkey Cheese Croissant(60g)	11.00	Popcorn Salt 20g	3.00
Chicken Sandwich	5.00	Popcorn Cheese 20g	3.00
Chicken Tikka Wrap	10.00		
Falafel Sandwich	5.00	Apple	2.00
Chicken Caesar"8"	7.00	Banana	2.00
Chicken Burger	10.00		
Beef Kofta Sandwich	8.00	Muffin Blueberry 50g	6.00
Cheese Fatayer	4.00	Muffin Carrot 50g	6.00
Spinach Fatayer	4.00	Muffin Red velvet 50g	6.00
Chicken Wrap with Potato	10.00	Banana Bread - 50g	6.00
		Plain Croissant 60g	5.00
Fattoush Salad	9.00	Cheese Top Croissant 60g	6.00
Chicken Caesar Salad	12.00	Cheese Manakish 60g	8.00
Quinoa Salad	11.00	Pizza Margritta 60g	7.00
Sweet Corn Chaat	5.00		
		Marmun orange juice 200ml	3.00
Watermelon Pot 10oz	6.00	Marmun apple juice 200ml	3.00
Mix Fruit Pot 10oz	7.00	Marmun Fruit yogurt strawberry	6.00
Pineapple Cup 10oz	7.00	Marmun Fruit yogurt apricot	6.00
Blueberry Yoghurt Pot	6.00	Marmun Fruit yogurt Red cherry	6.00
		Milk low fat 200ml	3.00
LIVE STATION	20.00	Laban cool Natural 200ml	2.00
Hot Lunch	11.00	Strawberry milk 200ml	4.00
Hot Pasta	10.00	Water 500ml	1.00

Hot Lunch Menu

Week 1

Week 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pepper Chicken With Steam Rice</p> <p>(Chicken, Low-fat Yogurt, Tomato, Garlic, Onion, Salt, Capsicum, Corn oil, Cumin Powder, Pepper, Coriander & Rice)</p> <p>Allergen: Milk</p>	<p>Chicken Biryani with Raita</p> <p>(Rice, Chicken, Onion, Garlic, Ginger, Tomato, Turmeric powder, Salt, Coriander powder, Garam masala, Low-fat Yogurt, Cucumber, Corn oil, Fresh coriander)</p> <p>Allergen : Milk</p>	<p>Chicken Curry With Steam Rice</p> <p>(Chicken Breast, Low-fat Yogurt, Tomatoes, Garlic, Red onion, Salt, Potato, Corn oil, Curry powder & Rice)</p> <p>Allergen: Milk</p>	<p>Chicken Tikka Masala with Steam Rice</p> <p>(Chicken, Low fat Yogurt, Tomatoes, Garlic, Red onion, Salt, Corn oil, Low fat Milk & Rice)</p> <p>Allergen : Milk</p>	
<p>Paneer Jalfrezi with Steam Rice</p> <p>(Paneer, Capsicum, Onion, Garlic, Coriander, Cumin, Low-fat Yogurt and Rice)</p> <p>Allergen: Milk</p>	<p>Vegetable Kabsa & Yoghurt</p> <p>(Rice, Dry Lemon, Capsicum, Low-fat Yogurt, Turmeric, Coriander, Garlic, Onion, Ginger, Carrot)</p> <p>Allergen : Milk</p>	<p>Pizza, Roasted Potato & Salad</p> <p>(Flatbread, Tomato, Mozzarella, Potato, Lettuce, Carrot, Tomato, Celery, Onion, Garlic)</p> <p>Allergen: Milk, Gluten, Celery</p>	<p>Vegetable Biryani & Raita</p> <p>(Rice, Carrots, Green Peas, Green Beans, Onion, Garlic, Ginger, Tomato, Dry Lemon, Turmeric powder, Salt, Coriander powder, Garam masala, Low-fat Yogurt, Cucumber, Corn oil, Fresh coriander)</p> <p>Allergen : Milk</p>	
<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>	<p>Pasta Alfredo Sauce</p> <p>(Penne Pasta, Flour, Corn oil, Salt, Low-fat Milk, Mushroom, Vegetable stock)</p> <p>Allergen: Milk, Celery Gluten</p>	<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>	<p>Pasta Alfredo Sauce</p> <p>(Penne Pasta, Flour, Corn oil, Salt, Low-fat Milk, Mushroom, Vegetable stock)</p> <p>Allergen: Milk, Celery Gluten</p>	<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>

Hot Lunch Menu

Week 2

Week 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Roasted Chicken Masala & Rice</p> <p>(Curry leaves, Chicken, Red onion, Tomato, Garlic, Cumin powder, Coriander powder, Salt, Low-fat Yogurt & Rice)</p> <p>Allergen: Milk</p>	<p>Egg Curry, Dal Fry with Steam Rice</p> <p>(Lentil, Egg, Low-fat Yogurt, Tomato, Garlic, Red onion, Salt, Coriander, Corn oil & Rice)</p> <p>Allergen : Milk</p>	<p>Chicken Biryani & Raita</p> <p>(Rice, Chicken, Onion, Garlic, Ginger, Tomato, Turmeric powder, Salt, Coriander powder, Garam masala, Low-fat Yogurt, Cucumber, Corn oil, Fresh coriander)</p> <p>Allergen : Milk</p>	<p>Chicken Pizza, Roasted Potato & Salad</p> <p>(Flatbread, Chicken, Tomato, Mozzarella, Potato, Lettuce, Carrot, Tomato, Celery, Onion, Garlic)</p> <p>Allergen: Milk, Gluten, Celery</p>	
<p>Vegetable Stir Fry Rice with Sweet & Sour Sauce</p> <p>(Tomato, Garlic, Onion, Beans, Peas, Carrot, Celery, Pineapple & Rice)</p> <p>Allergen: Celery</p>	<p>Vegetable Kadai with Steam Rice</p> <p>(Capsicum, Low-fat Yogurt, Tomatoes, Garlic, Red onion, Rice, Salt, Garlic, Corn oil, Curry powder & Rice)</p> <p>Allergen: Milk</p>	<p>Aloo Mutter With Steam Rice</p> <p>(Potato, Peas, Onion, Tomato, Ginger, Garlic, Cumin powder, Coriander powder, Low-fat Yogurt & Rice)</p> <p>Allergen : Milk</p>	<p>Vegetable Curry With Steam Rice</p> <p>(Mix Vegetables, Low-fat Yogurt, Tomatoes, Garlic, Red onion, Salt, Potato, Corn oil & Rice)</p> <p>Allergen : Milk</p>	
<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>	<p>Pasta Alfredo Sauce</p> <p>(Penne Pasta, Flour, Corn oil, Salt, Low-fat Milk, Mushroom, Vegetable stock)</p> <p>Allergen: Milk, Celery Gluten</p>	<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>	<p>Pasta Alfredo Sauce</p> <p>(Penne Pasta, Flour, Corn oil, Salt, Low-fat Milk, Mushroom, Vegetable stock)</p> <p>Allergen: Milk, Celery Gluten</p>	<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>

Hot Lunch Menu

Week 3

Week 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Kadai With Steamed Rice</p> <p>(Chicken, Red onion, Tomato, Garlic, Ginger, Corn oil, Salt, Capsicum, Low-fat Yogurt & Rice)</p> <p>Allergen: Milk</p>	<p>Chicken Mandi & Yoghurt</p> <p>(Dry lemon, Low-fat Yogurt, Tomato, Garlic, Red onion, Rice, Salt, Coriander, Chicken, Corn oil, Mint)</p> <p>Allergen : Milk</p>	<p>Chicken Mango Curry With Steam Rice</p> <p>(Chicken, Mango, Low-fat Yogurt, Tomatoes, Garlic, Red onion, Salt, Corn oil, Curry powder & Rice)</p> <p>Allergen : Milk</p>	<p>Chicken Biryani & Raita</p> <p>(Rice, Chicken, Onion, Garlic, Ginger, Tomato, Turmeric powder, Salt, Coriander powder, Garam masala, Low-fat Yogurt, Cucumber, Corn oil, Fresh coriander)</p> <p>Allergen : Milk</p>	
<p>Paneer Mutter Masala & Rice</p> <p>(Paneer, Peas, Onion, Garlic, Coriander, Cumin, Low-fat Yogurt and Rice)</p> <p>Allergen: Milk</p>	<p>Aloo Palak With Steam Rice</p> <p>(Potato, Spinach, Low-fat Yogurt, Potato, Garlic, Onion, Salt, Coriander, Corn oil, Baby marrow, Eggplants, Bell peppers and Rice)</p> <p>Allergen : Milk</p>	<p>Vegetable Masala With Steam Rice</p> <p>(Potato, Low-fat Yogurt, Tomato, Garlic, Onion, Salt, Cumin powder, Coriander powder, Corn oil, Baby marrow, Eggplants, Bell peppers and Rice)</p> <p>Allergen : Milk</p>	<p>Paneer Tikka Biryani & Raita</p> <p>(Carrot, Tomato, Garlic, Red onion, Salt, Paneer, Cumin powder, Coriander powder, Corn oil, Lemon juice, Cucumber, Low-fat Yogurt and Rice)</p> <p>Allergen : Milk</p>	
<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>	<p>Pasta Alfredo Sauce</p> <p>(Penne Pasta, Flour, Corn oil, Salt, Low-fat Milk, Mushroom, Vegetable stock)</p> <p>Allergen: Milk, Celery Gluten</p>	<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>	<p>Pasta Alfredo Sauce</p> <p>(Penne Pasta, Flour, Corn oil, Salt, Low-fat Milk, Mushroom, Vegetable stock)</p> <p>Allergen: Milk, Celery Gluten</p>	<p>Pasta with a Tomato Sauce</p> <p>(Penne Pasta, Low-fat Mozzarella Cheese, Tomato paste, Garlic, Onion, Sugar, Corn oil, Salt, Carrot, Vegetable stock, Capsicum)</p> <p>Allergen: Milk, Gluten, Celery</p>

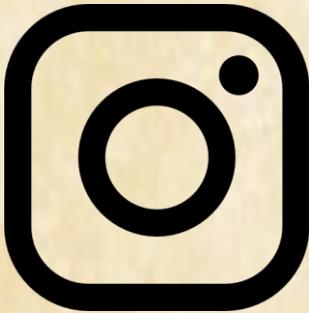
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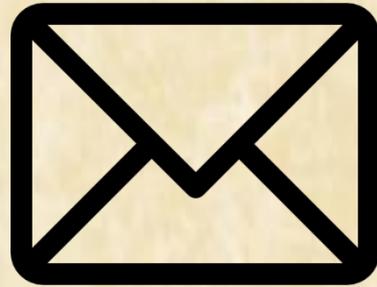
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